



Post-Operative Instructions: Root Canal Treatment

Thank you very much for choosing 360 Family Dental as your oral health provider. If you have questions, please do not hesitate to contact us at (630) 689-2233.

Root canal treatments may take one or two appointments to be completed. After each appointment, do not eat for about an hour and 30 minutes until numbness completely wears off.

After each appointment, the dentist may place a temporary filling to protect the tooth. To prevent breaking the temporary filling, avoid sticky food or hard food. If possible, chew food on the opposite side of the mouth.

It is normal to experience mild pain after the root canal treatment. If you experience any discomfort or pain, you can take up to 500 mg over-the counter Tylenol (Acetaminophen). If you need stronger pain medicine, you can take up to 600 mg Ibuprofen (Advil) **at the same time** with up to 600 mg over-the counter Tylenol (Acetaminophen) every 6 hours if needed. Normally the post root canal pain disappears in a few days.

After root canal treatments are completed, for most teeth, the next step is to receive a tooth-colored crown (cap) to protect the tooth. It is important to have the crown completed as soon as possible to prevent the tooth from breaking and fracturing.

360 Family Dental

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